



The Third Sunday in Lent

March 12th, 2023 ~ 10AM

Liturgy of the Word

Lord, you are indeed the Savior of the world. Give us living water, that we may not thirst.

Prelude

Opening Hymn #7 ~ *Christ, whose Glory fills the Skies*

Christ, whose glory fills the skies, Christ the true, the only Light,
Sun of Righteousness, arise! Triumph o'er the shades of night;
Dayspring from on high, be near; Daystar, in my heart appear.

Dark and cheerless is the morn unaccompanied by thee;
joyless is the day's return, till thy mercy's beams I see,
till they inward light impart, glad my eyes, and warm my heart.

Visit then this soul of mine! Pierce the gloom of sin and grief!
Fill me, radiance divine; scatter all my unbelief;
more and more thyself display, shining to the perfect day.

A Penitential Order

Officiant Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Officiant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Officiant Jesus said, "The first commandment is this: Hear, O Israel, The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this; Love your neighbor as yourself. There are no two commandments greater than these." *Mark 12:29-31*

Officiant Let us confess our sins against God and our neighbor.

Confession and Absolution

People **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Officiant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Kyrie

#S 96 ~ *Lord, Have Mercy*

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

The Collect of the Day

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Old Testament
Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

The Psalm
Psalm 95

- 1 **C**ome, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- 2 **L**et us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 **F**or the LORD is a great God, *
and a great King above all gods.
- 4 **I**n his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 **T**he sea is his, for he made it, *
and his hands have molded the dry land.
- 6 **C**ome, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 **F**or he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.

9 They put me to the test, *
though they had seen my works.

10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."

11 So I swore in my wrath, *
"They shall not enter into my rest."

The Epistle

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Gospel Hymn #143 ~ *The Glory of these Forty Days*

The glory of these forty days
we celebrate with songs of praise,
for Christ, through whom all things were made,
himself has fasted and has prayed.

Alone and fasting Moses saw
the loving God who gave the law;
and to Elijah, fasting, came
the steeds and chariots of flame.

So Daniel trained his mystic sight,
delivered from the lions' might;
and John, the Bride-groom's friend, became
the herald of Messiah's name.

Then grant us, Lord, like them to be full
oft in fast and prayer with thee;
our spirits strengthen with thy grace,
and give us joy to see thy face.

O Father, Son, and Spirit blest,
to thee be every prayer addressed,
who art in three-fold Name adored,
from age to age, the only Lord.

The Gospel [John 4:5-42](#)

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said

is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Sermon

The Rev. John Beach

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down

from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Let us pray for the needs of the world, saying, Wellspring of mercy, hear our prayer.

Saving God, you are the giver of living water, the source of deepest compassion, the fountain of eternal life. Therefore we pray to you:

Wellspring of mercy **hear our prayer.**

For all who are thirsty -

thirsty for a life of meaning, thirsty for a word of grace, thirsty for a drink of water...

Wellspring of mercy, **hear our prayer.**

For all who are weary -

weary from life's long journey, weary from quarreling and testing, weary from pain or grief...

We remember those who grieve the loss of loved ones, particularly the families of Bill St. Clair and Frank R. Davey, as well as Madelyn & Edward Davey Sr., Marilyn Kenney, Hilda & Samuel Brown, Sr., Frank H. & Eva Davey, John H. & Grace I. Belyea, Bea & Al DiGiacomo, and Susan M. DiGiacomo.

Wellspring of mercy, **hear our prayer.**

For all who are broken -

Broken by sin and suffering, broken by hard disappointment, broken by acts of violence...

We pray for those who are sick or suffering in any way, especially Mark Armentrout, Elin Babin, David Bell, Diane Brophy, Paul Brophy, Marie Connors, Barbara Cox, Don DiGiacomo, Oriol Pi-Sunyer, Janet Dunton, Beth (Manoogian) DuPlessie, Jim & Tim Eldridge, Joanne Felci, Paul Felci, Ruth Garrett, Peggy Gibbs, Carolyn Hashem, Tom Hashem, Bruce Higgins, Jeanne Kelly-Smith, Dennis Lancaster, Janet Lancaster, Rachel Lesch, Elizabeth Littlehale, Robert Long, Janet Macrina, Matt, Lori M., Mary & Dante, Trudy Miller, Harriet Miraglia, Erica Moore, Gisela Moore, Jeanine Morris, Bonnie Muise, Fran Muise, Sara Murray, Sandy St. Clair, David St. Clair, Nancy Scarry, Terrie Sevier, Kelly Shaw, Ray Shaw, Malcolm Silva, Gail Smith, Victoria Smith, Meghan Tapley, Addison White, Walter, and Rachel.

Wellspring of mercy, **hear our prayer.**

Living God, through your Spirit, pour your love into our hearts, your grace into our lives, your healing into our world, until the earth is filled with your glory as the waters cover the sea; through Jesus Christ we pray. **Amen.**

The Peace

Officiant The peace of the Lord be always with you.
People **And also with you.**

Anthem during the preparation of Altar

Officiant Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord.

The Holy Communion

The Great Thanksgiving:

Officiant The Lord be with you.
People **And also with you.**

Officiant Lift up your hearts.
People **We lift them to the Lord.**

Officiant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

Officiant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people to cleanse their hearts, and prepare with joy for the Paschal feast; that fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

S 129 ~ *Holy, Holy, Holy, Lord*

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Officiant Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Officiant We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Officiant breaks the consecrated Bread.

A period of silence is kept.

Officiant Behold the true Light of the world, the Beloved of God, anointed by the Spirit.
Blessed are those called to the banquet of the Lamb.

The Invitation to Holy Communion

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

The Officiant invites the following prayer to be said by all.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot receive you in the Sacrament of your Body and Blood, come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Fraction Anthem

#S 156 ~ *Christ, our Passover*

Christ our Passover is sacrificed for us;
therefore let us keep the feast.

Officiant The Gifts of God for the People of God. This is the Lord's table and all are welcome here.

Post-communion Prayer

God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Closing Hymn #388 ~ *O Worship the King (verses 1, 3, and 5)*

O worship the King, all glorious above!
O gratefully sing his power and his love!
Our shield and defender, the Ancient of Days,
pavilioned in splendor, and girded with praise.

The earth with its store of wonders untold,
Almighty, thy power hath founded of old,
hath stablished it fast by a changeless decree,
and round it hath cast, like a mantle, the sea.

Frail children of dust, and feeble as frail,
in thee do we trust, nor find thee to fail;
thy mercies how tender! how firm to the end!
Our Maker, Defender, Redeemer, and Friend!

Blessing

Dismissal

Presider Let us go forth in the name of Christ.
People **Thanks be to God.**

Postlude

Announcement

Vestry Today

The Vestry will assemble today after worship (11:30). Observers are welcome – please use the Zoom worship link if you prefer to view it online.

Participants in this Service:

The Rev. John Beach, Priest-in-Charge
Stephen Sikorski, Music Director
Sandy St. Clair, Worship Leader & Julia Aston, L.E.M.

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